

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:12:02 AM by Kathleen McCullough

Menu Cycle: Elementary February 3 to 7 2020
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	602.56	
Total Fat (g)		18.26	27.27
Sat Fat (g)(1)	< 10.00 % of Calories	5.17	7.72
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		35.23	
Sodium Target 1 (mg) (13)	< 1,230.00	871.23	
Sodium Target 2 (mg) (13)	< 935.00	871.23	
Carb (g)		81.90	54.37
Total Fiber (g)		7.92	
Sugars (g)		23.14(M)	15.36
Added Sugars (g)		0.00(M)	
Protein (g)		25.53	16.95
Iron (mg)		3.83	
Calcium (mg)		527.36(M)	
VitA (IU)		4,954.85(M)	
VitC (mg)		28.58(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		81.27(M)	
Ash (g)		0.98(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	2.500	
Veg	>= 3.750	[4.500 - 8.500]	
Veg-DG	>= 0.500	4.750	
Veg-RO	>= 0.750	1.500	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.000	
Veg-O	>= 0.500	2.000	
Grains	[8.000 - 9.000]	[8.250 - 13.250](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	31.250	100.00
Meat/MA	[8.000 - 10.000]	[9.000 - 9.750]	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	40.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:12:54 AM by Kathleen McCullough

Menu Cycle: Elementary February 10 to 13,2020
 Week: 1
 Result: Exceeded

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	585.45	
Total Fat (g)		17.96	27.60
Sat Fat (g)(1)	< 10.00 % of Calories	5.56	8.54
Trans Fat (g)(2)		0.37(M)	
Chol (mg)		47.65(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	838.33	
Sodium Target 2 (mg) (13)	< 935.00	838.33	
Carb (g)		74.95	51.21
Total Fiber (g)		21.61(M)	
Sugars (g)		27.05(M)	18.48
Added Sugars (g)		0.00(M)	
Protein (g)		28.30	19.34
Iron (mg)		3.37(M)	
Calcium (mg)		502.33(M)	
VitA (IU)		4,750.33(M)	
VitC (mg)		20.68(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		34.50(M)	
Mois (g)		185.39(M)	
Ash (g)		1.57(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.000	2.500	
Veg	>= 3.000	[3.500 - 7.875]	
Veg-DG	>= 0.500	5.000	
Veg-RO	>= 0.750	0.750	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.750	
Veg-O	>= 0.500	1.125	
Grains	[6.500 - 7.000]	[7.000 - 11.000](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	29.000	100.00
Meat/MA	[6.500 - 8.000]	8.000	
MILK-F	>= 4.000	4.000	
Fruit-J	<= 50.000 % of	0.500	20.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Elementary February 10,2020 - Day: 1	100																			
Category: Entrees; May Choose: 1																				
Chicken Caesar Salad - LR100029 (1 ea.)	15	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59	
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00	
UD CHICKEN PATTY SANDWICH - LR100126 (1 ea.)	70	374.45	11.91	2.31	0.01	50.00	623.86	40.01	3.60	4.32	(M)	28.13	2.85	51.45	5.00	0.00	(M)	(M)	(M)	
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	10	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)	
Category: Grains; May Choose: 1																				
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	0	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)	
Category: Vegetables; May Choose: 1																				
Green Beans - LR100036 (1/2 c.)	50	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)	
Potato, 3/8" Straight Cut Extra Long French Fries, McCain, MCX40, Veg-S - SR100928 (4 ounces)	75	157.21	4.37	0.00	0.00	0.00	34.93	24.45	1.74	1.73	(M)	1.74	0.63	0.00	0.00	6.29	(M)	(M)	(M)	
Category: Fruits; May Choose: 1																				
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
Category: Milk; May Choose: 1																				
Strawberry non fat milk - LR100073 (1 Carton)	30	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	30	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	40	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	40	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Condiments; May Choose: 1																			
chic filet sauce - LR100380 (1 Tbsp.)	70	17.20	1.43	0.22	0.02	1.31	25.45	1.02	0.01	(M)	(M)	0.04	0.02	0.39	0.94	0.15	(M)	(M)	(M)
Pickles, Cucumber Dill or Kosher Dill, Veg-O - SR105246 (1/8 c.)	70	2.33	0.06	0.02	0.00	0.00	156.74	0.47	0.19	0.21	(M)	0.10	0.05	11.04	24.22	0.45	0.00	22.67	18.28
Elementary February 11,2020 - Day: 2																			
Category: Entrees; May Choose: 1																			
Chicken Caesar Salad - LR100029 (1 ea.)	15	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
hard shell taco beef - LR100382 (1 ea.)	75	220.04	14.54	6.65	1.33	49.48 (M)	150.28	7.73	0.50(M)	0.05(M)	(M)	13.58	0.42(M)	109.22 (M)	225.97 (M)	0.40(M)	(M)	(M)	0.00(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	5	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 2																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	15	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
black beans - LR100354 (1 c.)	35	310.96	2.21	0.47	0.00	2.60	240.50	53.56	18.69	(M)	(M)	19.19	5.20	243.62	13.00	2.60	(M)	(M)	183.04
Category: Fruits; May Choose: 1																			
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	80	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	30	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	30	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:12:54 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
fresh salsa - LR100383 (1 oz.)	75	22.40	1.69	0.13	0.00(M)	0.00	1.55	1.46	0.36	0.49(M)	(M)	0.26	0.08	4.15	195.35	3.14	(M)	(M)	23.19 (M)
Elementary February 12,2020 - Day: 3																			
Category: Entrees; May Choose: 1																			
Chicken Caesar Salad - LR100029 (1 ea.)	30	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	40	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	(M)	16.99	1.08	399.76	749.56	0.00	(M)	(M)	(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	25	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825635-Lettuce, Salad Mix Romaine - AR1747 (1 c.)	100	10.67	0.00	0.00	0.00	0.00	6.67	2.00	0.67	0.00	(M)	0.67	0.24	19.33	999.99	6.00	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
ud diced peaches - LR100141 (1/2 c.)	100	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	(M)	0.61	0.26	5.86	368.99	3.50	(M)	(M)	85.87
Category: Milk; May Choose: 1																			
Strawberry nonfat milk - LR100016 (8 serving 8)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Vanilla Milk, Non-Fat - SR109285 (1 Carton)	25	110.00	0.00	0.00	0.00	0.00	95.00	20.00	0.00	20.00	(M)	8.00	0.00	200.00	750.00	(M)	(M)	(M)	(M)
Category: Condiments; May Choose: 1																			
Ranch Dressing , Kraft, 04050027519200 - SR109725 (1 packet)	75	45.00	5.00	0.50	0.00	5.00	110.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ranch dressing pc - LR100062 (12 grams)	50	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	50	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)	(M)
Elementary February 13,2020 - Day: 4	100																		
Category: Entrees; May Choose: 1																			
Chicken and Sweet Potato Tots - LR100391 (7 1/2 oz.)	70	442.10	18.35	3.77	0.11	26.82	676.28	55.92	6.90	16.73 (M)	(M)	15.26	2.63	74.92	3355.57	14.69	0.00(M)	174.46 (M)	61.44 (M)
Chicken Caesar Salad - LR100029 (1 ea.)	15	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	10	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
UD School Wheat Dinner Roll - LR100332 (1 1/2 oz.)	0	110.00	1.00	0.00	0.00	0.00	200.00	21.00	2.00	2.00	(M)	4.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	75	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	95	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:14:46 AM by Kathleen McCullough

Menu Cycle: Elementary February 18 to 21,2020
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	638.28	
Total Fat (g)		15.69	22.13
Sat Fat (g)(1)	< 10.00 % of Calories	4.98	7.02
Trans Fat (g)(2)		0.19(M)	
Chol (mg)		34.93(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	766.83	
Sodium Target 2 (mg) (13)	< 935.00	766.83	
Carb (g)		92.02	57.67
Total Fiber (g)		13.02(M)	
Sugars (g)		29.61(M)	18.56
Added Sugars (g)		0.00(M)	
Protein (g)		29.63	18.57
Iron (mg)		5.17(M)	
Calcium (mg)		685.50(M)	
VitA (IU)		21,074.42(M)	
VitC (mg)		57.98(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		303.44(M)	
Ash (g)		2.13(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.000	2.500	
Veg	>= 3.000	[3.750 - 8.000]	
Veg-DG	>= 0.500	3.000	
Veg-RO	>= 0.750	1.375	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.000	
Veg-O	>= 0.500	3.000	
Grains	[6.500 - 7.000]	[8.000 - 10.250](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	33.250	100.00
Meat/MA	[6.500 - 8.000]	[8.000 - 8.250](a)	
MILK-F	>= 4.000	4.000	
Fruit-J	<= 50.000 % of	1.000	40.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Elementary February 18,2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
Meatball Panini - LR100392 (1 ea.)	70	273.05	12.34	5.71	0.00(M)	25.39	491.06	26.28	3.36	2.78(M)	(M)	13.73	0.97	232.23	408.41	0.57	(M)	(M)	6.58(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Beef Nacho Salad - LR100324 (1 ea.)	20	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	5	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
black beans - LR100354 (1 c.)	30	310.96	2.21	0.47	0.00	2.60	240.50	53.56	18.69	(M)	(M)	19.19	5.20	243.62	13.00	2.60	(M)	(M)	183.04
Category: Fruits; May Choose: 1																			
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	100	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Elementary February 19,2020 - Day: 2	100																		
Category: Entrees; May Choose: 1																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Beef Nacho Salad - LR100324 (1 ea.)	5	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:14:46 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	25	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UDHS Chicken, Golden Crispy WG Tenders, Tyson, 70334-928, MMA, WG - LR100216 (3 piece)	65	260.00	15.00	2.50	0.00	25.00	390.00	16.00	3.00	1.00	(M)	15.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
UD School Wheat Dinner Roll - LR100332 (1 1/2 oz.)	50	110.00	1.00	0.00	0.00	0.00	200.00	21.00	2.00	2.00	(M)	4.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825635-Lettuce, Salad Mix Romaine - AR1747 (1 c.)	90	10.67	0.00	0.00	0.00	0.00	6.67	2.00	0.67	0.00	(M)	0.67	0.24	19.33	999.99	6.00	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
ud diced peaches - LR100141 (1/2 c.)	95	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	(M)	0.61	0.26	5.86	368.99	3.50	(M)	(M)	85.87
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
Ranch Dressing , Kraft, 04050027519200 - SR109725 (1 packet)	90	45.00	5.00	0.50	0.00	5.00	110.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Elementary February 20,2020 - Day: 3																			
Category: Entrees; May Choose: 1																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Beef Nacho Salad - LR100324 (1 ea.)	5	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:14:46 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD PASTA AND MEATSAUCE - LR100130 (5 oz.)	70	445.84	10.73	3.29	0.41(M)	28.81	313.83	69.84	9.54	3.33(M)	(M)	22.70	2.91	654.88	124.53	2.03	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	20	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	10	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Green Beans - LR100036 (1/2 c.)	75	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Elementary February 21,2020 - Day: 4																			
Category: Entrees; May Choose: 1																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Beef Nacho Salad - LR100324 (1 ea.)	5	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD Chicken and Waffles - LR100316 (1 ea.)	20	490.00	13.00	2.00	0.00	45.00	770.00	69.00	3.00	25.00	(M)	20.00	5.40	140.00	700.00	0.00	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	70	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:14:46 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Category: Vegetables; May Choose: 1																			
Tater Tots - LR100049 (1/2 Cup (8 oz))	100	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	95	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
Syrup, Pancake 1 oz, Gordon Food Service, 160090 - SR102503 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 11:35:31 AM by Kathleen McCullough

Menu Cycle: Elementary February 24 to 28,2020
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	627.65	
Total Fat (g)		17.44	25.01
Sat Fat (g)(1)	< 10.00 % of Calories	5.57	7.98
Trans Fat (g)(2)		0.26(M)	
Chol (mg)		42.97(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	910.80	
Sodium Target 2 (mg) (13)	< 935.00	910.80	
Carb (g)		87.08	55.49
Total Fiber (g)		8.46(M)	
Sugars (g)		25.15(M)	16.03
Added Sugars (g)		0.00(M)	
Protein (g)		28.58	18.22
Iron (mg)		4.19(M)	
Calcium (mg)		555.21(M)	
VitA (IU)		3,884.33(M)	
VitC (mg)		29.06(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		4.54(M)	
Mois (g)		97.38(M)	
Ash (g)		0.88(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[2.500 - 3.000]	
Veg	>= 3.750	[4.000 - 7.250]	
Veg-DG	>= 0.500	1.000	
Veg-RO	>= 0.750	3.250	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	2.250	
Veg-O	>= 0.500	1.000	
Grains	[8.000 - 9.000]	[9.250 - 13.250](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	39.250	100.00
Meat/MA	[8.000 - 10.000]	[10.000 - 10.500](a)	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	33.33
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Elementary February 24,2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
Elementary Upper Darby double - LR100384 (1 ea.)	20	401.64	17.47	6.39	0.01(M)	50.79	990.92	34.99	3.94	3.32(M)	(M)	24.78	3.29	201.59	45.00	0.00	(M)	(M)	0.00(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Hummus and vegetable Platter - LR100270 (1 ea.)	25	381.05	13.97	2.52	0.00	15.00	800.03	55.98	8.62	3.19	(M)	16.56	5.29	224.87	5506.15	4.95	(M)	(M)	62.75 (M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	25	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Green Beans - LR100036 (1/2 c.)	25	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Potato, 3/8" Straight Cut Extra Long French Fries, McCain, MCX40, Veg-S - SR100928 (4 ounces)	75	157.21	4.37	0.00	0.00	0.00	34.93	24.45	1.74	1.73	(M)	1.74	0.63	0.00	0.00	6.29	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
chic filet sauce - LR100380 (1 Tbsp.)	75	17.20	1.43	0.22	0.02	1.31	25.45	1.02	0.01	(M)	(M)	0.04	0.02	0.39	0.94	0.15	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Elementary February 25,2020 - Day: 2	100																			
Category: Entrees; May Choose: 1																				
Elementary Beef Nacho February - LR100394 (1 ea.)	50	413.65	19.52	7.11	1.33	49.48 (M)	615.83	43.13	3.06(M)	3.04	(M)	17.24	1.11(M)	189.67 (M)	883.90 (M)	0.27(M)	(M)	(M)	(M)	
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00	
Rainbow Pizza - LR100372 (1 ea.)	25	370.94	15.31	6.14	0.00	30.90	505.18	36.14	5.96	2.21(M)	(M)	22.66	5.39	483.31	458.32	12.67	0.00(M)	90.86 (M)	55.10 (M)	
UD Hummus and vegetable Platter - LR100270 (1 ea.)	20	381.05	13.97	2.52	0.00	15.00	800.03	55.98	8.62	3.19	(M)	16.56	5.29	224.87	5506.15	4.95	(M)	(M)	62.75 (M)	
Category: Vegetables; May Choose: 1																				
black beans - LR100354 (1 c.)	50	310.96	2.21	0.47	0.00	2.60	240.50	53.56	18.69	(M)	(M)	19.19	5.20	243.62	13.00	2.60	(M)	(M)	183.04	
Category: Fruits; May Choose: 1																				
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	95	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)	
Category: Milk; May Choose: 1																				
Strawberry Milk - Non-Fat - SR109287 (1 Carton)	40	110.00	0.00	0.00	0.00	0.00	105.00	20.00	0.00	20.00	(M)	8.00	0.00	200.00	750.00	(M)	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
Elementary February 26,2020 - Day: 3	100																			
Category: Entrees; May Choose: 1																				
Chicken Chunks, Breaded Mini-Tyson, 26976-928 - SR109408 (10 pieces)	50	257.14	12.86	2.14	0.00	57.14	485.71	14.29	1.43	0.00	(M)	22.86	1.54	0.00	0.00	0.00	(M)	(M)	(M)	
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00	
UD Hummus and vegetable Platter - LR100270 (1 ea.)	20	381.05	13.97	2.52	0.00	15.00	800.03	55.98	8.62	3.19	(M)	16.56	5.29	224.87	5506.15	4.95	(M)	(M)	62.75 (M)	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	25	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825635-Lettuce, Salad Mix Romaine - AR1747 (1 c.)	100	10.67	0.00	0.00	0.00	0.00	6.67	2.00	0.67	0.00	(M)	0.67	0.24	19.33	999.99	6.00	(M)	(M)	(M)
Vegetable, Mashed Potatoes, Veg-S - SR104456 (1/2 c.)	0	67.82	1.40	0.28	0.00	0.00	336.61	12.44	1.55	0.00	(M)	1.55	0.23	14.53	28.13	22.73	0.00(M)	0.80(M)	78.92 (M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
ud diced peaches - LR100141 (1/2 c.)	50	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	(M)	0.61	0.26	5.86	368.99	3.50	(M)	(M)	85.87
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
sriracha and ranch sauce - LR100395 (1 oz.)	50	54.89	5.05	0.90	0.07	5.17	155.72	1.55	0.03	0.76	(M)	0.30	0.03	8.00	38.01	1.56	(M)	(M)	(M)
Elementary February 27,2020 - Day: 4																			
Category: Entrees; May Choose: 1																			
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	60	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	(M)	16.99	1.08	399.76	749.56	0.00	(M)	(M)	(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Hummus and vegetable Platter - LR100270 (1 ea.)	15	381.05	13.97	2.52	0.00	15.00	800.03	55.98	8.62	3.19	(M)	16.56	5.29	224.87	5506.15	4.95	(M)	(M)	62.75 (M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	20	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
UD School Wheat Dinner Roll - LR100332 (1 1/2 oz.)	60	110.00	1.00	0.00	0.00	0.00	200.00	21.00	2.00	2.00	(M)	4.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	85	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	95	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Elementary February 28,2020 - Day: 5																			
Category: Entrees; May Choose: 1																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
sausage patty chicken - LR100115 (2 patty)	40	200.00	12.00	3.00	0.00	80.00	500.00	2.00	0.00	0.00	(M)	22.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	20	381.05	13.97	2.52	0.00	15.00	800.03	55.98	8.62	3.19	(M)	16.56	5.29	224.87	5506.15	4.95	(M)	(M)	62.75 (M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	35	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 11:35:31 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Category: Grains; May Choose: 1																			
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WGR - LR100345 (4 ea.)	40	260.00	10.00	2.00	0.00	0.00	300.00	38.00	3.00	9.00	(M)	6.00	1.82	34.00	22.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Tater Tots - LR100049 (1/2 Cup (8 oz))	65	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Sorbet, 100% Frozen Juice, Blue Raspberry, 4.4 fl. oz., Luigi's, 48443, F - SR108052 (1 serv.)	95	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	14.00	(M)	0.00	0.36	60.00	0.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:12:02 AM by Kathleen McCullough

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Elementary February 3,2020 - Day: 1	100																		
Category: Entrees; May Choose: 1																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD CHEESEBURGER - LR100127 (1 ea.)	75	337.12	15.87	7.20	0.00	45.48	771.28	28.61	4.06	3.54	(M)	19.35	2.97	202.79	108.69	0.00	(M)	(M)	0.00(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	10	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	10	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	(M)	15.86	2.24	67.77	1395.75	7.73	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
Cheese Fries - LR100390 (4 1/2 oz.)	90	240.44	9.97	1.87	0.00	4.57	677.23	35.83	3.35	0.00	(M)	2.82	0.60	47.78	0.00(M)	6.03(M)	(M)	(M)	10.06 (M)
Green Beans - LR100036 (1/2 c.)	50	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	95	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Elementary February 4,2020 - Day: 2	100																		
Category: Entrees; May Choose: 1																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:12:02 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	20	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	25	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	(M)	15.86	2.24	67.77	1395.75	7.73	(M)	(M)	(M)
UD SOFT BEEF TACO - LR100143 (1 1/2 oz.)	50	180.00	9.26	4.25	0.00	22.00	315.00	15.31	2.55	0.00	(M)	9.90	1.66	187.82	188.00	0.10	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
black beans - LR100354 (1 c.)	40	310.96	2.21	0.47	0.00	2.60	240.50	53.56	18.69	(M)	(M)	19.19	5.20	243.62	13.00	2.60	(M)	(M)	183.04
Category: Fruits; May Choose: 1																			
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	95	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	65	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	5	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	5	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Category: Condiments; May Choose: 1																			
fresh salsa - LR100383 (1 oz.)	50	22.40	1.69	0.13	0.00(M)	0.00	1.55	1.46	0.36	0.49(M)	(M)	0.26	0.08	4.15	195.35	3.14	(M)	(M)	23.19 (M)
Elementary February 5, 2020 - Day: 3																			
Category: Entrees; May Choose: 1																			
Seeds, Sunflower, Lightly Salted, MMA - SR102540 (1 Ounce serv)	75	164.43	14.55	1.57	(M)	0.00	55.85	5.22	1.13	(M)	(M)	6.17	1.83	31.47	10.77	0.31	(M)	(M)	1.45
Category: Grains; May Choose: 2																			

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	25	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
Wheat Soft Pretzel - LR100108 (1 ea.)	75	170.00	1.00	0.00	0.00	0.00	95.00	36.00	4.00	2.00	(M)	6.00	2.70	200.00	500.00	0.00	(M)	(M)	0.00
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	100	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Fresh Broccoli - LR100011 (1/2 c.)	35	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00
Category: Fruits; May Choose: 1																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Elementary February 6,2020 - Day: 4																			
Category: Entrees; May Choose: 1																			
hot dog with cheese - LR100377 (1 ea.)	50	226.73	18.62	7.32	0.00	42.50	676.42	5.40	0.44	0.00(M)	(M)	9.89	0.66	172.38	45.00	0.00	(M)	(M)	0.00(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	25	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	20	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	(M)	15.86	2.24	67.77	1395.75	7.73	(M)	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 1/27/2020 8:12:02 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Vegetables; May Choose: 1																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	75	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Category: Fruits; May Choose: 1																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	95	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Elementary February 7,2020 - Day: 5		100																	
Category: Entrees; May Choose: 1																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
sausage patty chicken - LR100115 (2 patty)	50	200.00	12.00	3.00	0.00	80.00	500.00	2.00	0.00	0.00	(M)	22.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	35	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	10	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	(M)	15.86	2.24	67.77	1395.75	7.73	(M)	(M)	(M)
Category: Grains; May Choose: 2																			
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WGR - LR100345 (4 ea.)	50	260.00	10.00	2.00	0.00	0.00	300.00	38.00	3.00	9.00	(M)	6.00	1.82	34.00	22.00	0.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 1																			
829531-Potato HB, Tator Tots 1 cup - AR1433 (1 c.)	50	280.00	14.00	3.00	0.00	0.00	540.00	32.00	4.00	0.00	(M)	4.00	0.72	40.00	200.00	2.40	(M)	(M)	0.00

Menu Cycle Week – Nutrient Analysis

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Category: Fruits; May Choose: 1																			
Juice Sorbet, Cherry/Blue Raspberry Swirl Frozen 4.4 fl oz, Luigi's, J&J Snack Foods, 48446, F - SR107097 (4 1/2 fl. oz.)	65	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68